



= Transportation Needed

@ = Lake Road Bus Ticket Needed

ATIS JUNIOR PROGRAM

July 2024



ATIS Phone # 518 576-9157

Please visit atistrail.org
to sign up for trips!

Additional trip information available at atistrail.org or at ATIS Building

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Counselor Training</p>  <p>Capture the Flag 7-8:30 PM</p>	<p>2 A: Nippletop and Dial 7:45-4:30@ B: Hurricane 8:30-2:30* C: Owl Head Lookout 9:30-2:30* Discovery: Gill Brook Waterfalls 10:45-2:15@ Nature Activities (ages 7-10) 9-12 Lower Lake Activities 9:45-3:15@</p>	<p>3 A: Whiteface and Esther 8-5* B: Gothics 8:45-4:15@ C: Tenderfoot Pools 9:30-2:30* Nature Activities (ages 4-6) 10-12 Rock Climbing (Int.) 9-3:30* Alderdice Overnight (ages 7-10) 5:15 Wed. – 3:15 Thurs.@</p>	<p>4 A: Giant and Rocky Peak Ridge 8-5* B+: Big Slide 9-4:30* C: Lost Lookout and Beaver Meadow Falls 9:45-2:15@ Discovery: Round Pond 10:30-1* Rock Climbing (Advanced) 8:30-4:30*</p>	<p>5 AA: Marshall 7:30-5:30* A/B: Schroon River Can. 8:30-3:30* B: Elizabethtown No. 4 9-3:30* C: The Crows 10-2* Discovery: Indian Cove Paddle 9:45-12:45@ Survivor: Wilderness Medicine (ages 10+) 8:45-3:15@</p>
<p>8 A: Macomb 8-5* B+: Phelps 8:30-4:30* C: Nubble 9:30-2:30* Discovery: Hurricane Lookout 10:30-1:30* Nature Activities (ages 7-10) 9-12 Lower Lake Activities 9:45-3:15@ Capture the Flag 7-8:30 PM</p>	<p>9 A: Street and Nye 8-5* B: Hopkins (with Keene Youth Commission) 9:30-3:30* C: The Brothers 10-3* Discovery: Rainbow Falls 10:45-2:15@ Rock Climbing (Int.) 8:30-3* Alderdice Overnight (ages 7-10) 5:15 Tues. – 3:15 Wed.@</p>	<p>10 A+: Cascade via slide 9-3:30* B+: Algonquin 8:30-5* C: Noonmark Burn Area 9:45-2@ Discovery: Mossy Cascade 10:30-1* Lake Colden Overnight (ages 11-15) 8 Wed. – 4 Fri.*</p>	<p>11 A+: Haystack, Basin, Saddleback, and Gothics 7:45-6:15@ A/B: Lake Placid Canoe w/ ascent of Eagle Eyrie 9-4* B: Sawteeth 8:45-4:15@ C: Pitchoff Boulders 9:30-2:30* Rock Climbing (Beginner) 10-2:30*</p>	<p>12 A: Grace Peak 8-4:30* B: Knob Lock 9-2:30* C: Bouquet River Pools 10-1:30* Discovery: Big Crow 10:30-2* Nubble Dinner and Sunset 5pm – 10pm* (Bring utensils, plate, and headlamp, ages 10+)</p>
<p>15 AA: Colden via Trapdike 8-5:30* A/B: Saranac River Canoe 8:30-4:30* B: Nun-da-ga-o Ridge 9-3* C: Blueberry Cobbles 9:30-2:30* Nature Activities (ages 4-6) 10-12 Capture the Flag 7-8:30 PM</p>	<p>16 A: Lower Great Range 7:45-5@ B+: Wright 8:30-4:30* C: Baxter (with Keene Youth Commission) 10-2* Rock Climbing (Advanced) 8-4* Lower Lake Activities 9:45-3:15@ Rocky Peak Ridge Sunrise Overnight (ages 11+) 11 am Tues. - 1 pm Wed.*</p>	<p>17 A: Tabletop and Phelps 8-5* B+: Cascade and Porter w/ return to Marcy Field 8:30-4* C+: Catamount 9-3* Discovery: Marble Point Paddle and Hike 9:45-2:15@ Alderdice Overnight (ages 7-10) 5:15 Wed. – 3:15 Thurs.@</p>	<p>18 A: Marcy Traverse (Warden's Camp to ADK Loj) 7:45-5@* B+: Colvin and Blake 8:45-4:15@ C: King Wall 10:30-1:30* Rock Climbing (Int.) 8:30-2:30* Raquette River Canoe Overnight 9 Thurs. – 4 Fri.*</p>	<p>19 AA: Dix Range Traverse 6-6* B: St. Regis Mountain 8:30-4* C+: Roostercomb 9:30-2:30* Discovery: Giant's Washbowl and Ledges 10-1:30* Survivor: Intro to Map and Compass (ages 8+) 9-2</p>
<p>22 AA: Santanoni Range 6-7* B+: Haystack 7:45-5:15@ C: Clement's Pond 9:30-2:30* Discovery: Beaver Meadow Falls 10:45-2:15@ Nature Activities (ages 7-10) at the Plains of Abraham 9-12:30* Lower Lake Activities 9:45-3:15@ Capture the Flag 7-8:30 PM</p>	<p>23 A: Pharaoh Mt. 8-4:30* B: Jay (with Keene Youth Commission) 9:30-3:30* C: Mt. Van Hoevenberg 10-3* Junior Trail Crew (ages 10-15) Location TBD 9-4* Rock Climbing (Beginner) 10-2:30* Hurricane Sunset/Sunrise Overnight 5 pm Tues. – 8 am Wed.* (bring snack & sleeping bag, ages 11+)</p>	<p>24 ATIS Picnic! At the Lower Ausable Lake</p> <p>Tickets on sale at 1 PM Swim Races 2-3 Sandcastle judging 3:15 Canoe races 3:15-4:30 Dinner 4:30 PM</p> <p>Return buses on the hour 3-6PM \$25/person incl. dinner and bus fare</p>	<p>25 A: Algonquin and Iroquois w/ descent via Avalanche Lake 8-5:30* B: Noonmark and Round 9-3:30 C: Fish Hawk Cliffs and Indian Head 9:45-2:15@ Nature Activities (ages 4-6) 10-12 Rock Climbing (Int.) 9-3:30* Survivor: Backcountry Cooking (ages 11+) 8:45-2:15@</p>	<p>26 A+: Saddleback and Gothics via Ore Bed Brook Slide 8-5:15*@ B: Giant 8:30-4* C: Snow 10-2* Discovery: Coon Mt. (families invited) 10-2*</p> <p>ATIS-Girls Inc. Trip – Lake George Area</p>

PLEASE BE SURE THAT THE FOLLOWING EQUIPMENT IS PACKED FOR ALL TRIPS:

Water Amounts:

A hikes: 2-3 qts.

B hikes: 1.5-2 qts.

C hikes: 1-1.5 qts.

Day Trips:

Good hiking shoes, fleece or non-cotton jacket, rain gear, filled water bottle(s), insect repellent, lunch, day pack

Overnights: All of the above plus extra shirt, long pants (preferably not 100% cotton), sleeping bag & pad, overnight pack capable of carrying both personal and group gear, headlamp, eating utensils (knife, fork, spoon, cup, plate), toilet articles, bathing suit

ALL PARTICIPANTS SHOULD ARRIVE AT THE AUSABLE CLUB PORCH AT LEAST 5 MINUTES BEFORE SCHEDULED TRIP DEPARTURE





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ATIS JUNIOR PROGRAM AUGUST 2024



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Monday	Tuesday	Wednesday	Thursday	Friday
<p>29 A: Basin, Saddleback, and Gothics 7:45-5:15@ B: Sawteeth 8:45-4:15@ C: Pitchoff Boulders 9:30-2:30* Disc.: Hurricane Lookout 10:30-1:30* <i>Seward Range Overnight 8 Mon. – 2 Wed.*</i> Capture the Flag 7-8:30 PM</p>	<p>30 A: Grace Peak 8-4:30* B: Bald Peak 9-4* C: The Crows (with Keene Youth Commission) 10-2:30* Lower Lake Activities 9:45-3:15@ Rock Climbing (Advanced) 8-4* <i>Alderdice Overnight (ages 7-10) 5:15 Tues. – 3:15 Wed.@</i></p>	<p>31 AA: Skylight and Gray 6:45-6:15@* B+: Algonquin 8:30-5* C: The Brothers 10-3* Nature Activities (ages 7-10) 9-12</p>	<p>1 A: Lower Wolfjaw via Bennie's Brook Slide 8:30-3* B: Iron Mt. 9-3* C: Bouquet River Pools 10-1:30* Discovery: Round Pond 10:30-2* ATIS – Girls Inc. Overnight – Keene Valley</p>	<p>2 A+: Wright via Airplane slide 8-4* B+: Dial 8:45-4:30@ C: West River Trail to Beaver Meadow Falls, Rainbow Falls, and Lower Lake 9:30-2:15@ Nature Activities (ages 4-6) 10-12 ATIS – Girls Inc. Overnight – Keene Valley</p>
<p>5 AA: Cliff and Redfield 6-6* B+: Cascade and Porter w/ return via Marcy Field 9-4:30* C: Blueberry Cobbles 9:30-2:30* Discovery: Gill Brook Waterfalls 10:45-2:15@ Survivor: Emergency Scenarios (ages 10+) 8:45-3:15@ Capture the Flag 7-8:30 PM</p>	<p>6 A: Whiteface via canoe 8-5* B: Hurricane (with Keene Youth Commission) 9:30-3:30* C: Nubble 10-3* Rock Climbing (Beginner) 10-2:30* <i>John's Brook Overnight (ages 8-12) 9 Tues. – 4 Wed.*</i></p>	<p>7 A: Sawteeth and Gothics 7:45-4:15@ B+: Colvin and Blake 8:45-5:15@ C+: Roostercomb 10-3* Discovery: Owl's Head 10:30-2*</p>	<p>8 A+: Dix from the Ausable Club 8-5* B: Fairy Ladder Falls 8:45-3:15@ C: Owl Head Lookout 10-3* Rock Climbing (Intermediate) 9-3:30* <i>Alderdice Overnight (ages 7-10) 5:15 Thurs. – 3:15 Fri.@</i></p>	<p>9 AA: Marcy and the Complete Great Range 6-7* B: Jay 9-3:30* C: Weston 9:30-2:30* Lower Lake Activities 9:45-3:15@</p>
<p>12 A+: Colden via East Slide 8-5* A/B: Chubb River Canoe 8:30-3* B+: Indian Pass Traverse 9-5* C: Noonmark Burn Area 9:45-2:30@ Discovery: Beaver Meadow Falls 10:45-2:15@ Survivor: Backcountry Cooking (ages 11+) 8:45-2:15@</p>	<p>13 C: Mt. Gilligan (with Keene Youth Commission) 10-2* Rock Climbing (Advanced) 8-4* <u>Junior Trail Crew (ages 10-15)</u> <u>Location TBD 9-4*</u> <i>Hurricane Sunset/Sunrise Overnight 5 pm Tues. – 8 am Wed.* (bring snack & sleeping bag, ages 11+)</i></p>	<p>14 ATIS Picnic! At the Lower Ausable Lake Tickets on sale at 1 PM Swim Races 2-3 Sandcastle judging 3:15 Canoe races 3:15-4:30 Dinner 5PM Return buses on the hour 3-6PM \$25/person incl. dinner and bus fare</p>	<p>15 A: Giant and Rocky Peak Ridge 8-5* B: Ampersand 9-4* C: Fish Hawk Cliffs and Indian Head 9:45-2:15@ Discovery: Big Crow 10:30-2* Rock Climbing (Beginner) 10-2:30* Survivor: Map and Compass (ages 9+) 9:30-2:30</p>	<p>16 AA: Allen 6-6* B+: Big Slide 9-4:30* C: Flume Knob 9:30-2:30* Discovery: Deer Brook Falls 10:30-1:30* Nature Activities (ages 7-10) 9-12 Lower Lake Activities 9:45-3:15@</p>
<p>19 A+: Algonquin, Iroquois, and Wright 8-5:30* B: Giant 8:30-4* C: Snow 9:30-1:30* Discovery: Giant's Washbowl and Ledges 10-2* Capture the Flag 7-8:15 PM</p>	<p>20 A: Lower Great Range 7:45-4:30@ B: Nun-da-ga-o Ridge 9-3* C: Mt. Van Hoevenberg 10-3* Rock Climbing (Intermediate) 9-3:30*</p>	<p>21 A+: Macomb, South Dix, and Hough 8-5:30* B: Pitchoff Traverse 9-3:30* C: Baxter from Keene Valley 10-2* Rock Climbing (Advanced) 8-4*</p>	<p>22 B+: Haystack 7:45-5:15@ C: Tenderfoot Pools 10-3* Discovery: Rainbow Falls 10:45-2:15@ Noonmark Dinner and Sunset 5 pm – 10pm (Bring utensils, plate, and headlamp, ages 10+)</p>	<p>23 A: Nippletop via slide 7:45-4:15@ B: Gothics 8:45-4:15@ C: Lost Lookout and Beaver Meadow Falls 11:45-4:15@ Discovery: Indian Cove Paddle 1:15-4:15@ Season-end celebration 4:15 pm</p>

PLEASE BE SURE THAT THE FOLLOWING EQUIPMENT IS PACKED FOR ALL TRIPS:

Water Amounts:

Day Trips: Good hiking shoes, fleece or non-cotton jacket, rain gear, filled water bottle(s), insect repellent, lunch, day pack

A hikes: 2-3 qts.

Overnights: All of the above plus extra shirt, long pants (preferably not 100% cotton), sleeping bag & pad, overnight pack capable of carrying both personal and group gear, headlamp, eating utensils (knife, fork, spoon, cup, plate), toilet articles, bathing suit

B hikes: 1.5-2 qts.

C hikes: 1-1.5 qts.

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